

A Word from Our Sponsors



We believe that people don't need to choose between health & taste when it comes to snacking. At Youthful Living we use premium, good for you ingredients that are kind to your body without sacrificing quality or flavour. Making snack time a whole lot better!

BANANA CHIPS: These thin, crispy banana snacks may look like ordinary banana chips, but they are bags filled with surprises. Oven baked and then dusted with delicious flavouring (NO-MSG) to bring out their subtle starchy flavour, these banana chips will remind you more of a crunchy potato chip!

They are available in 4 mouth-watering flavours: Salt & vinegar, Sweet chilli tomato, Sour cream & chives and Honey.

PROTEIN CEREAL BAR:

Our *NEW cappuccino cereal bar is great for on-the-go breakfasts, delicious in lunch boxes, and the perfect snack to munch on after school or work! They are packed with flavour & all things good PLUS they are gluten-free, low calories and high protein. It's a mystery why you aren't eating one as you read this?

*0.4g of sugar, and only 118 calories per bar.



SUGARLEAN EXPERIENCE

Escaping the grip of sugar is not easy. Sugar-free products notoriously leave bad aftertastes and are very limited in their variety.

It took an around-the-world quest, collaborating with experts in their fields, to crack the code on defeating our reliance on sugar.

In 2016, Sugarlean was born, boasting a complete offering of high quality, guilt-free treats. Gluten-free, predominantly low carb and without added sugar, these European-crafted delights are a staple piece to a health-focused lifestyle.



From jellies to chocolate, marshmallows to chews. Low sugar, no added sugar, gluten-free and low carb. Inspired by fellow sweet-tooth's from around the world tailored for you. Sugarlean is self love 😊 available at all Dis-chem stores. Have a look at our website www.sugarlean.co.za

VISION WORKS

A promotional banner for the Dis-Chem Ride for Sight and Vision Works Optometrists. It features the Dis-Chem logo, the text 'Ride for Sight RETINA SOUTH AFRICA', 'FREE comprehensive eye test', and '#LOVEYOUR EYES™'. It also includes the Vision Works logo, 'COUPON CODE: RIDE4SIGHT', and 'Valid for 1 month Redeemable at any Vision Works branch!'.

Thank you so much for participating in the 2022 Dis-Chem Ride for Sight!